

# Orinda Karate-do 2017 Spring Preliminary Testing

Preliminary testing (or pre-testing) is done to determine the students skill level before being formally tested.

## **April 5th (Wednesday) All Colored Belts**

Taikyoko's 1, 2, 3 & 4 & White belt Shinko kata's

## **April 7th (Friday) Colored Belts**

Pingans 1, 2 & 3 & Yellow belt shinko kata's

## **April 12th (Wednesday) Colored Belts**

Pingans 4, 5 & Nahanchi shodan

## **April 14th (Friday) Colored Belts**

Jion & Saiffa plus Green belt shinko kata's 1, 2, 3 & 4

## **April 19th (Wednesday) Purple & Brown Belts**

Potsai Dai, Chinto & Blue belt shinko kata's

## **April 21st (Friday) Purple & Brown Belts**

Unsa, Empi & Purple & Brown belt shinko kata's

**Brown Belts** Seisan

## **April 26th (Wednesday) Brown Belts**

Kusanku sho, Bo kata-Sushi No Sho, Sai kata-Gay Pa, Sai kata-Soea, plus Bo & Sai shinko kata's

**1st Q Brown Belt** - Bo kata Sakagawa Bo, Sai kata Giokerin

## **May 3rd (Wednesday) White Belts**

Taikyoko's 1, 2, 3 & 4 & White belt Shinko kata's

## **May 6th (Saturday) 1pm MSAC (Mariner Square Athletic Club)**

**Colored Belts - Sparring Preliminary**

## **Promotional (Formal belt test) Saturday May 20th, 1:00pm**

**MSAC (Mariner Square Athletic Club) in Alameda**

